



CDC Health Care Provider Guide to Exposure and Resulting Work Restrictions

In the setting of community transmission, all Healthcare Personnel (HCP) are at some risk for exposure to COVID-19, whether in the workplace or in the community. Devoting resources to contact tracing and retrospective risk assessment could divert resources from other important infection prevention and control activities. Facilities should shift emphasis to more routine practices.

Definitions:

Fever- Temperature of $\geq 100^{\circ}$ F

Signs/Symptoms (S/S) - Cough, shortness of breath, sore throat, or other symptoms such as muscle aches, nausea, fatigue vomiting, diarrhea, abdominal pain headache, runny nose

HCP- Includes all paid and unpaid persons working in health-care settings. They are persons who have potential of exposure to patients and infectious materials such as contaminated medical supplies, contaminated equipment, contaminated environmental surfaces, and contaminated air.

Practice	Recommendation	Action Plan	Work Restrictions
<i>HCP to report recognized exposures, regularly monitor themselves for fever or symptoms of respiratory infection and not report to work when ill</i>	<i>HCP should self-monitor for fever and/or S/S of COVID-19</i>	<i>Kindred will screen all HCPs daily prior to start of shift for S/S and fever, if present will be referred to ICP</i>	<i>If illness is from other than COVID-19, can return after s/s resolved per Kindred policy If Confirmed COVID-19, HCP is to self-isolate and may return to work and 72 hrs. after resolution of fever and at least 7 days</i>
<i>Fever is either measured temperature ≥ 100.0 F or high for HCPs baseline temp</i>	<i>Fever may be intermittent or may not be present in some patients, such as those who are elderly, immunosuppressed, or taking certain medications (e.g., NSAIDs)</i>	<i>All HCPs will be screened prior to entering pt. care areas Temperature will be taken daily and screened for symptoms of illness. Employees should self-monitor temperature and S/S</i>	<i>If fever or S/S are noted-HCP will don mask and notify Supervisor immediately. If symptoms are not COVID-19 and from another illness may return to work when symptoms or fever have resolved</i>
<i>Asymptomatic HCP who have had an exposure to a PUI patient, HCP, or Community member, can continue to work until test results are available</i>	<i>HCP will self-monitor temperature and S/S throughout their shift and will report even mild symptoms immediately</i>	<i>If symptoms occur employee will cease patient care, don mask, and notify Supervisor immediately. Employee will sent home for self-quarantine and/or follow up with physician</i>	<i>If PUI patient is negative or positive, HCP can continue to work and will continue to be screened daily</i>
<i>Asymptomatic HCP who have had an exposure to a COVID-19 patient, HCP, or Community member can continue to work</i>	<i>HCP will self-monitor temperature and S/S throughout their shift and will report even mild symptoms immediately</i>	<i>If symptoms occur employee will don mask and cease patient care and notify Supervisor immediately. Employee will sent home for self-quarantine and/or follow up with physician</i>	<i>Mask will be worn for 14 days while at hospital</i>