INTENSIVE CARING
FOR YOUR CONTINUED RECOVERY

What to Expect When Transitioning to a Kindred Transitional Care Hospital

Kindred Hospitals

We're Here *When You Need Us*

After a stay in a traditional hospital, you or your loved one may need more care before they are ready to go home. That's where we come in.

Once your loved one's care team at the traditional hospital has determined that specialized care and more time to recover is needed, a discharge planner will likely provide information about places to continue their care before they are able to go home.

Perhaps your loved one needs help weaning off a ventilator so they can breathe independently, daily monitoring by a physician or around-the-clock nursing care. Some patients need intensive medical care or rehabilitation to recover. If so, our hospital could be an option for you or your loved one.

Often, our patients are suffering from several medical conditions at once and require care that is more intense and complex than can be provided in other settings such as a nursing home or rehabilitation facility.

Our hospitals are part of a nationwide network that has been providing compassionate care and clinical expertise for over 30 years.

As a national leader in caring for chronically, critically ill patients, we bring specialized expertise, hope and healing to our patients and families.

Your Clinical Liaison's Role

Our clinical liaisons are there for you and your loved one from the moment you begin to consider care after the ICU until after your loved one is fully transferred to our hospital. Our goal is to work with your hospital team to make sure your transition to our care goes smoothly and that you and your loved ones understand every step of the journey. This begins with a full assessment of your medical history and current condition as well as why your doctor is recommending further care.

Kindred clinical liaisons can answer any questions you have about the type of care we provide, the benefits of choosing a Kindred Hospital and what to expect upon admission. We can also arrange tours if you would like to see the facility. Once you make your decision, we will help you navigate insurance coverage and a transfer date.

"He was motivated – he worked hard. And they worked hard with him. They were supportive. They encouraged him. **I think they played a pivotal part in his recovery**."

– **Laura**, whose husband, Ed, recovered at Kindred after a serious motorcycle accident

Admission

As soon as your loved one is admitted, our interdisciplinary care team begins setting goals that should be met in order for your loved one to go home or to a lower level of care. Recovery is our number one goal.

Kindred Hospitals offer

A Transitional Care Environment

We offer patients a longer length of stay, allowing the time and care needed for healing and recovery. Patients and families are encouraged to take an active role in the transition process and treatment plans with members of the care team. Our specially-trained caregivers are here to provide not only clinical expertise but compassionate care that treats the whole person, not just a patient's medical conditions.

Physicians/Specialists

Our patients are seen by a physician every day. Our physicians represent a number of clinical specialties. If a patient's physician is on staff with us, he or she is able to continue directing the treatment plan while in our hospital. In the event that your physician is not on our staff, we can consult with him or her to identify a physician preference. If there is no preference, we can assign a physician who will provide treatment plan direction.

Interdisciplinary Team and Patient/Family Conferences

Your interdisciplinary team will meet weekly to discuss care plans and if any changes are necessary. This information is shared with you and your loved one following the meeting. We consider you and your family as part of the healthcare team, so regular communication is required to make sure the entire team is working toward the same goals.

Kindred Hospitals offer *(continued)*

Convenience and Amenities

Kindred Hospitals are conveniently located and offer a variety of amenities designed to make you or your loved one's stay with us as comfortable as possible. Most of our hospitals offer free, accessible parking, cafeteria services and flexible visiting hours (based upon patient condition).

Patient and Family Involvement in Setting and Achieving Goals

Our care team teaches you and your loved one about diagnoses and how to manage care and medication so recovery can continue after discharge. Our goal is to increase our patients' quality of life by focusing on their medical needs and rehabilitation potential.

WE'RE HERE TO GUIDE YOU

Transferring to a transitional care hospital means moving to a setting where the healthcare team is skilled in helping patients with complex medical needs.

We are committed to caring for you or your loved one and helping you recover to the fullest extent possible.

Call **1.866.KINDRED** (1.866.546.3733) to speak with a Registered Nurse 24 hours a day, seven days a week. We can walk you through care options in your area and answer any healthcare questions you may have.

We encourage tours of our hospitals to meet our staff. Tours can be scheduled on our website, by calling **1.866.KINDRED** (1.866.546.3733) or by reaching out to your Kindred Clinical Liaison.

Learn more about our services at
KindredHospitals.com

Kindred Hospitals

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