



# Reforming with a New 50-Bed Acute Care Facility

**Sometimes finding the best way to improve a health system means adding something new rather than just improving upon what exists.**

To determine what is optimal, it is a best practice to take a true objective audit of both the market and facility's role in the area to identify opportunities and obstacles before formulating a solution.

Kindred Hospital Rehabilitation Services (KHRS) was recently approached by a successful hospital chain in a mid-size city who wanted to improve its ability to keep patients needing rehabilitation therapy within the hospital's system. The hospital originally had a new acute rehabilitation unit (ARU) in mind, but a thorough analysis of the market showed there was a substantial need for a freestanding inpatient rehabilitation facility (IRF) both within the hospital system and within the market. Therefore, Kindred recommended a new joint-venture facility rather than an ARU management agreement.

This happened for two reasons. First, statistics clearly show that freestanding and for-profit IRFs typically get better clinical outcomes than an ARU or non-profit facility. Secondly, the standalone facility would allow the hospital system to treat more patients – including additional capacity to treat patients who were being referred to the facility from outside of the hospital system.

The result was a joint venture between KHRS and the hospital system to build a freestanding, state-of-the-art, 50-bed, acute care inpatient facility that began service

The clinical patient outcomes have been outstanding and above the national average. YTD July 2015:

### Our Average vs. National Average

#### Case Mix Index

1.41

1.30

#### Admission FIM Score

51.4

53.4

#### FIM Change

34.7

31.3

#### LOS Efficiency

3.32

2.56

#### Discharge to Community

73.7%

71.7%

in May 2014. The facility has succeeded due to two reasons – Kindred's clinical rehab and management expertise and the hospital's reputation for excellence and offering of a full range of services.

We know that every facility and challenge is unique, and no "best solution" should be assumed before a full objective analysis.

If you think your facility has the potential to increase its performance, please do not hesitate to contact us. With over 30 years of industry experience and a nationwide team of experts, we're certain we can identify a solution that is best for you. ●

**Looking for Rehab Solutions for Your Hospital? Let's Talk.**

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